



Core Services

- Be participant driven
 - Goal Oriented: Individual Service Plans for each participant
- Support and encourage growth and recovery
 - Brain Injury Support Group once a month
- Provide personal advocacy and outreach when needed
- Community reintegration
 - To maximize independent functioning with goals of living in the community and participating in community life
 - Improve access to services
- Increase independence and employability of brain injury survivors by providing services such as:
 - Social and behavioral skill development
 - Independent living skill development
 - Compensatory strategies training
- Improve cognitive functioning through the following:
 - Word games
 - Reasoning & Problem solving
 - Concentration skills (for memory and attention)
 - Communication skills
- Increase physical activity
 - Balance
 - Flexibility
 - Range of Motion
 - Endurance
 - Strength