



New Horizons Adult Day Center



Neveln Community Resource Center
406 SW School Street, Suite 118
Ankeny, IA 50023
515-965-1602

New Horizons provides Adult Day Care Services in a caring, professional environment. We specialize in serving individuals with physical and medical needs, including: Stroke, Alzheimer's disease, Physical Disabilities, Brain Injury and other Chronic Illness. New Horizons Adult Day Center's mission is to serve persons with cognitive and or physical challenges by compassionately providing adult day services. We assist caregivers in helping their loved ones stay in their own homes for as long as possible by providing the supports and assistance they need to remain independent for as long as they can and avoid premature institutionalization in a nursing home or other long term care facility.

Our Hours:

Monday through Friday 7:30 a.m. to 5:30 p.m.

Daily Rate:

1 to 4 hours - \$40.00

4 to 8 hours - \$55.00

8 hours and over - \$65.00

Brief Respite Program:

New Horizons also offers a Brief Respite Program for families unable to commit to a regular schedule.

- Minimum of three (3) hours
- A 24 hour advance notice is required
- Fee: \$15.00 per hour (\$45.00 minimum fee) plus \$4.50 for lunch

What is included in the daily rate:

- We provide social and physical programs that help individuals to maintain or build on their current skills. These activities include: daily exercise program with hand weights, trivia, current events, special entertainment, crafts and other special programming.
- R.N. on staff 5 days per week to assist with medications.
- Assistance with some physical needs such as transfers, walking, and toileting.
- Balanced meal at lunch planned by a dietician, in addition to two snacks.
- Social Service coordination provided by Social Service Director.
- Volunteers who have professional experience in working with people.

*Assistance is available for those who qualify under the Iowa Medicaid Waiver programs, Veteran's Administration and many Long Term Care Insurance Policies.

Transportation:

Transportation is available to individuals who live within the transportation radius and who have a need. The cost of transportation is \$3.50 per one-way trip.

Please give us a call to schedule a tour or an assessment if you feel someone you care for could use our services or if you have questions about our services. We look forward to meeting you!